

# Sonoma Behavioral Health Board Mission

Created on Jul 15, 2025 17:26:17

## Short Summary

Sonoma Behavioral Health Board focuses on equitable services, eliminating racism, and leveraging technology with public input.

## Long Summary

The conversation outlines the Sonoma County Behavioral Health Board's mission, emphasizing eliminating racism, promoting equity for under-represented communities, and leveraging technology to reduce behavioral distress. It also highlights their collaboration with the Department of Health Services to increase awareness and influence the mental health system. A question arises about reviewing public input in an upcoming meeting, underscoring the board's commitment to listening to the public and creating hope through their policies.

## Announcements

- The group reaffirmed its commitment to eliminating racism and ensuring equitable policies for under-represented communities.
- The collaboration between the Sonoma County Behavioral Health Board and the Behavior Health Division was highlighted, focusing on increasing public awareness of behavioral health challenges.
- The role of technology in reducing behavioral distress was acknowledged.

## Review of Progress

- The primary goal is to positively influence the mental health system by creating policies that offer hope.
- This will be achieved by listening to public input and reviewing existing behavioral health services.
- A need was identified to ensure the process for public participation is appropriate and easy.

## Challenges and Adjustments Needed

- No specific challenges were detailed in the conversation.

## Action Items and Accountability for the Week Ahead

- The team will review the collected public input during the meeting on Sunday.

## Transcriptions

**user - Jul 15, 2025 17:26:17**

... regardless of gender, sexual identity, and cultural or ethnic background, and acknowledges the influence of individual-

**user - Jul 15, 2025 17:26:26**

Co-lotion. (laughs)

**user - Jul 15, 2025 17:26:29**

Working with the local behavioral health system to eliminate racism from our minds and hearts by ensuring that our policies are equitable and benefit under-represented communities. We also acknowledge the powerful power of technology as an environmental practice and reduce behavioral distress and support efforts to reduce such stressors.

**A - Jul 15, 2025 17:29:21**

- those with mental or behavioral health challenges. The Sonoma County Behavioral Health Board collaborates with the Behavior Health Division of the Sonoma County Department of Health Services to increase public and professional awareness of individuals with behavioral health challenges, to strive to influence them...

**user - Jul 15, 2025 17:29:40**

Quickly. To appropriately and easily, um, participate in the process.

**B - Jul 15, 2025 17:29:47**

So I have a question.

**C - Jul 15, 2025 17:29:49**

Yeah.

**B - Jul 15, 2025 17:29:50**

Um, so this public input, would we be able to take a look at that in our meeting on Sunday, or how would we...?

**A - Jul 15, 2025 17:29:59**

This is called division. Um, positively, sorry, that mental health system by listening to public inputs and looking at behavioral health services to create policies that will offer hope to individuals dealing with mental or behavioral health illness, and to their families.